



BEAUTY MARK & FRECKLES AFTERCARE INSTRUCTIONS

AFTER CARE INSTRUCTIONS

- Expect treated areas to be tender for the next few days. The procedure area may be red, swollen or have a discharge of lymph (clear fluid) and blood for at least 12 hours post procedure. Gently dab off excess lymph from the procedure area with a clean tissue and clean cold water. Remember that you should wipe off the lymph to avoid getting a thick crust. You may alternate between ice and hot packs to relieve swelling.
- The procedure area will be much darker for 5-7 days post procedure. The true color will not be visible for 4-6 weeks post procedure and for each color refresher. 2
- Tissue heals at different levels, some people heal within 5-7 days; some may take 10 or more to heal.
- DO NOT touch the healing pigmented area with your fingers. Touching the treated area with your fingers, unclean cotton swabs, old products or other, may result in infection. If you need to touch the area - use a clean cotton swab!
- DO NOT RUB, SCRATCH OR PICK YOUR TREATED AREA; pigment may be removed along with crusting tissue. Let any scabbing or dry skin naturally exfoliate off. Picking can cause scarring.
- Use A&D ointment only if the treated area feels very tight. Do not use too much of A&D ointment; overuse of your healing product will not let the area heal properly; apply a very thin layer to prevent the treated area from drying. (Neosporin for the first 2 days and Aquaphor for the last 8 days)
- No sauna, Jacuzzi, steam, exercise, hot yoga, swimming in chlorine pools or in the ocean for 7-10 days (until area is completely healed) after the procedure and after all color refreshers.
- Do not expose your face to the sun until the procedure area has healed. The sun will fade the pigment.
- If you are a blood donor, you may NOT give blood for 1 year following your permanent makeup application (according to Red Cross).
- Color refresher visits should be scheduled between 4-8 weeks post procedure. All permanent makeup procedures are a two-step process. Results cannot be determined until the color refresher is completed.
- If you resume the Retin-A, Retinol, or Retinoids after the 30 days, the continued use will fade your permanent makeup prematurely.
- DO NOT USE any lightning and peeling products that contain AHA's, Vitamin A, Retinol A, Glycolic/Lactic Acids on the treated area; it will fade your permanent makeup prematurely. Check your product labeling. It will fade your pigment color. Read the ingredients on the back of every bottle of product that you use.
- If you are out in the sun a lot, have oily skin, use Retinol products, chemical peels, you will need color refreshers every 6 months to 1 year.
- Do not wear makeup on the treated area until it has healed. You might cause an infection or otherwise damage the permanent makeup.
- Sleep on 2 pillows or in an upward position. This will help to alleviate the treated area swelling.

- Use a sunblock after the procedure area has healed to prevent future fading of pigment color; apply a waterproof sunblock 3-4 times daily to prevent fading. The better you take care of the treated area, the longer it will last! Failure to follow the instructions may jeopardize chances for a successful procedure.

- Please DO NOT do any gardening while your treatment is healing.

- Please DO NOT Touch your pets and then touch the treated area. Any type of bacteria could cause an infection.

I have read Before and After Care Instructions, and I will follow all these instructions. I understand that my failure to do so may jeopardize my chances for a successful procedure.

SYMPTOMS OF INFECTION

It's normal to have some pain and discomfort during the procedure, and you might feel a slight residual stinging afterward. It's not normal to have severe pain in the affected area. You should pay careful attention to the treated area to see if it becomes puffy or raised. Any sign of a yellow-tinged discharge or excessive redness could be a sign of the beginning of an infection.

If you experience any itching, swelling, blistering or any other complications post-procedure, stop using product and call your technician immediately. You may be allergic to the after care product you are using. Do not rub, scratch or irritate your treated area as you may create a corneal abrasion. Rinse out the treated area!

Symptoms: Thick raised scab, crusty texture, redness around the skin, yellow discharge, pain, itching, the skin may feel hot around the area.

Call or email me with any questions or concerns - info@valentinampm.com / (310) 356-7392

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